



*Lynda Appleby*  
(Photo courtesy of Salisbury Journal)

Local artist Lynda Appleby (*pictured left*) has provided two stunning designs for this year's Salisbury Hospice Christmas cards. She is seen holding a view of Salisbury Cathedral. The other card shown on page 4, features a montage of scenes from Salisbury and the surrounding area, including Stonehenge, the Town Path, the Poultry Cross, and the Peace Window in Salisbury Cathedral. The original water colour paintings will be auctioned in the New Year.

Lynda is an illustrator, architectural portrait painter, art tutor and imaginative landscape artist. Her work is growing in popularity and is now sought after by discerning collectors, galleries and clients, such as the BBC, BP, the Duchy of Cornwall and the National Trust. We are most grateful to her for using her talents to help Salisbury Hospice.

## *A Successful Year...*

At the Annual meeting of The Salisbury Hospicecare Trust held at Salisbury Hospice on 2nd July an encouraging report of the year was given by Sister Catherine Duncombe.

"The Hospice and associated branches of the palliative care service has had another busy and fulfilling year. The Hospicecare Trust, together with the volunteers, continue to be a great support to the care that we are able to give.

### **Services Maintained**

Over the past year, we have continued to support people facing progressive life threatening illnesses through the 10 hospice inpatient beds, as well as supporting people in their own homes and the hospital through the

community and hospital specialist teams. The Peter Gillam Support Centre provides invaluable support to people and their carers through the provision of creative workshops with the Forest Forge Theatre Company and wide-ranging artistic opportunities, complementary therapies and monthly carer support days.

### **New Flooring**

The Hospice environment has been enhanced with new flooring in the inpatient unit rooms, recliner chairs for patient use in each room and we are currently working with the hospital ArtCare project and people attending Peter Gillam Support Centre to design new flooring for the main corridors in The Hospice.

The last year has seen us continuing to benefit from a project with the Clinical Psychology Department to support patients, their families and carers and to enable and train staff to respond to peoples' needs psychologically in an enhanced way. We are also fortunate to have an expansion of the Therapy Team to incorporate a Therapy Lead for Cancer services and a Therapy Assistant – this initiative is supported by the Salisbury Hospicecare Trust.

### **Education Priority**

Education of staff continues to be a high priority to enable palliative care principles to be spread and understood as widely as possible. To this end, teaching has taken place in Nursing and Residential Homes, in GP practices and District Nurse teams, as well as throughout Salisbury District Hospital, promoting high quality end of life care."

***It was with very great sadness that we learned of the death of Dr Peter Gillam, who died peacefully at home on Sunday 27th July.***

*Peter was a giant of a figure in so many ways and will be missed very much indeed not least by his own family but by generations of patients, families, friends and professional colleagues.*

*Medically he was a much loved and highly experienced doctor, a true General Physician the like of which we are most unlikely to see again. Not only was he blessed with exceptional knowledge and skills as a doctor; he*



*Dr Peter Gillam (centre) last year when Dr Shaun McGee (left) succeeded David Lintin (right) as Chairman of the Salisbury Hospicecare trust.*

*was also totally committed to the patient's cause, and the hallmark of his career was sustained compassionate dedication to all who came under his care. He inspired and was a role model for generations of aspiring physicians. His patients and their families doubtless drew considerable comfort from the knowledge that Dr Gillam was in their corner.*

*Politically he was a man of quite extraordinary energy and outstanding intellectual gifts. He brought vision, clear thinking and a strong sense of purpose to medical politics. These talents coupled with this ability as a highly articulate communicator made him a most formidable and effective medical leader. It is these qualities of which we are the direct beneficiaries in the outstanding Palliative Care service he conceived, delivered and developed with Derek Alford and others. Without his far-sightedness we would not have*

*the Hospice on the same site as the District Hospital, the very basis of the "Salisbury" model of Palliative Care that is talked about across the land.*

*It is indeed very difficult to quantify the scale of the debt the service owes him, but I do believe that he died secure in the knowledge that his efforts were hugely appreciated and he remained justifiably proud of this achievement right to the last.*

*As a friend, no less than as a doctor, he was sensitive, empathic and wise, an excellent listener and utterly reliable source of good counsel. We will be sustained in this loss by the memory of a good life lived to the full in the service of his fellow men and women.*

*Requiescant in pace.*

*Dr Shaun McGee,  
Chairman of Trustees*

## ***New Deputy Manager at Hospice Shop***

Jacqui Rolls, from Shrewton, has been appointed the new deputy manager of The Hospice Shop in Catherine Street. She will be familiar to many customers as she has been a volunteer at the shop since it opened in February. Thanks are due to Pru O'Reilly the former deputy manager, who saw the shop through its setting up stage. The number of customers using Gift Aid for donated items for sale is well above expectation. Thank you to those supporters who have taken advantage of this scheme. Volunteers continue to be needed. If you can give a few hours a month please contact the shop. Tel 01722 411983.

**It was a significant day on September 12th when staff at the Hospice said good-bye to Sister Annie Colmer, the longest serving member of the nursing staff. Annie's first post after qualifying was as staff nurse in 1987, when the Hospice opened. Over the years she became Sister of the In Patient unit and later joined the Community team, working in the Salisbury area. In 2001 her vast experience was channelled into becoming Team Leader of the Hospital and Community nurses, charged with enhancing the nursing services by developing nurses' skills, particularly those vital in Palliative care. She developed a team and through clinical input ensured skills were up to date. Through her efforts many hundreds of patients have benefited from the skills engendered in the nursing teams.**



*Annie Colmer pictured on her last day at Salisbury Hospice*

**Annie will be greatly missed. Her infectious laughter, enthusiasm and considerable knowledge were key aspects of her work and team leadership. It is hard to see her retiring completely! Enjoy your rest Annie – and we look forward to seeing you again in the future.**

# What a hectic summer!

*Despite the bad weather fundraisers have been busy over the past few months.*

The rain stayed away – just – for **The Great Charity Duck Race**, organised by Lindsey Brown and Claire Burden of City Centre Management. It was a huge success. All 40 business sponsored ducks were sold, and on the day a flotilla of 1,000 ducks was released. The winner of the race was Mrs Dunn from Salisbury who won over £500 of family prizes. Many thanks to the Maltings for their kind sponsorship of the event, and all the support received from local businesses and Bill McConnell, manager at The Maltings. The event raised £3,044.

Less fortunate were the cyclists who took part in **The Jogle** – cycling from John O'Groats to Lands End. It rained on them virtually every day! However with money still being collected they have already raised over £4,500. Thanks for your determination!

The annual **Up the Downs** sponsored walk attracted 182 walkers – a record number. 52 walkers completed the full 17 mile walk – again a record. One of these was Paul Sample, leader of Salisbury District Council, who took



*Paul Sample at The White Horse, Downton*

part wearing a traditional Indian costume, sponsored by Solman Farsi of Anokaa Indian restaurant. In all over £10,000 has been raised by those taking part. Thanks are due to Stella Sykes who has organised this event for the past 7 years – it goes from strength to strength. The walk will be held next year on August Bank Holiday Sunday 30 August.

Two musical events at different ends of the musical spectrum raised valuable funds. Thank you Christian Smith, whose gig at the Railway Club featuring several local young bands raised the fantastic sum of £1,400. Meanwhile the 60's night held at Dinton by David Parker raised £500. Thank you to all concerned.

Thank you **Pip Dewey** from Wishford. A regular runner for Salisbury Hospice in the British 10k this year he took part in the Flora London Marathon and raised over £4,000 in sponsorship, bringing his total raised over the years to over £10,000.

## *Fundraising that does not depend on the weather!*

[www.buy.at/salisburyhospicecare](http://www.buy.at/salisburyhospicecare) is the entry into Salisbury Hospice web shop, with leading retailers contributing a percentage of your purchase price to our funds. Visit the address, see what is on offer, make a purchase and a donation is made to Salisbury Hospicecare without it costing you a penny!

Search the web using [www.everyclick.com](http://www.everyclick.com) – an internet search engine which donates half its revenue to charity! Make [www.everyclick.com/uk/salisburyhospicecaretrust](http://www.everyclick.com/uk/salisburyhospicecaretrust) your homepage and use it whenever you search the web, and raise money for the Hospice.

**eBay for Charity** is a way in which you can sell items on eBay and donate a % of the sales price to Salisbury Hospicecare, anything from 10 to 100%. This donation itself can be eligible for gift aid, adding 28% to the value for the Hospice. To find out more go to [www.ebay.co.uk/ebay-for-charity](http://www.ebay.co.uk/ebay-for-charity)

If you are a member of **Facebook**, why not join the Salisbury Hospicecare local group and be the first to know of what's happening.

## Up and Coming...

On Sunday 19 October we will have two runners in the **Amsterdam Marathon**. **Kevin Fower** has run in previous events on behalf of Salisbury Hospice. But for **Emma D'Alton** from Hanging Langford it will be a first. Her father was cared for at the Hospice earlier this year. As part of her training she has already completed the Bristol Half Marathon. She can be sponsored on [www.justgiving.com/emdalton](http://www.justgiving.com/emdalton)

On the same day **Peter Stamps** will be running in the **Salisbury Half marathon**. Good luck!

For next year we already know of a **sponsored parachute jump** being planned by **Jonathan Mitchell**, and **Christine Groshart** and **Kevin Hilton** will be taking part in the **Devizes to Westminster Canoe Race**. If you are thinking of undertaking a sponsored event, please contact the Trust office where we can help with sponsor forms, publicity and advice.

**Great Hospice Pram Race, Salisbury Market Square, Easter Bank Holiday Monday 13 April 2.00pm.** One reason why last year's race was so successful was the fact that we could supply Prams for teams to use. If you have an old pram which we could use for next year, please contact the Hospice Trust office. Remember – It's not too early to start planning to enter a team. For details check out the website: [www.salisburyhospicecare.co.uk/pramrace](http://www.salisburyhospicecare.co.uk/pramrace)

## Weekend Volunteers Needed

**Dorothy Harker, Volunteer Co-ordinator is having difficulty filling her rota for Hospice based volunteers at weekends. If you would like to be a Hospice volunteer please contact her on 01722 425113**

# Dates for the Diary

**Saturday 11 October, 8.30pm. Party Animalz at The George Hotel, Amesbury.** Salisbury's leading Glam Rock band are back at the George for another night of party anthems. A great night's entertainment that will have you dancing your sox off!

**Saturday 11 October, 7pm. Safari Supper.** Enjoy a 3 course meal at 3 different venues. Tickets £15, to include wine, from Brenda Templeton 01722 511208 or Jenny 01722 511083 Folly Hill, Hale.

**Friday 24 October, 7pm. The Guildhall Christmas Card stall** at 'The Knicker Lady' performance presented by Rosemary Hawthorne. [www.ladieswholove.co.uk](http://www.ladieswholove.co.uk)

**Saturday 25 October, 7.30pm. Ceilidh and Supper.** Five Rivers Leisure Centre, Hulse Road. Hambledon Hopstep Band, Licensed Bar, Raffle. Tickets £10 (to include cold buffet) from Ann Cutler 01722 501538.

**Saturday 25 October, 7.30pm. Theatre Proteus present 'A Woman's Wartime'. Nadder Hall, Tisbury.** Tickets £10 from Mary James 01747 870446, Kate Good Pottery, High St, Tisbury, Hospice Shop, Salisbury or Trust office 01722 416353. A solo performance by Maggie Lilley with songs and music to convey the passing of the years and evoke the poignant harmony of England under fire. The play is devised from the diaries of Maude Ceeley who spent the 2WW years caring for her family in London.

**Saturday 1 November, 10am - 12pm. Christmas Coffee Morning Wilton Community Centre.** A wide variety of stalls – cakes, cards, quality bric a brac, raffle.

**Saturday 8 November, 9am - 12pm. Cancer Research Christmas Sale, Salisbury Guildhall.**

**Sunday 14 December, 3.30pm. St Gregory's Church Christmas Concert, Seasonal Festive programme.** Retiring Collection to be shared with Salisbury Hospice and Alzheimer's Association.

# Christmas 2008

## Christmas Cards:

This year there are twelve new designs to choose from, all priced at £3.50 per pack of ten, offering exceptional value. There are also a limited number of cards from previous years, including the popular cards featuring Salisbury Cathedral. It is possible to over print cards and personalise them for personal or business use. Please contact the Trust office 01722 416353.



*Sights of Salisbury – a seasonal montage of sights in and around Salisbury*

**Christmas novelties and emblems** are very popular every year - this year we have increased the range - they make excellent seasonal brooches, table decorations, stocking fillers etc. Seasonal candles and notelets have been added to the range.

## Can You Help?

All Christmas items are available on a sale or return basis if you would like some for a local event, sports or work occasion etc. We have some larger soft toys which make good raffle prizes as well! Please contact the Hospicecare Trust office 01722 416353

Stalls will be held in the entrance to Salisbury District Hospital on October 13th, 22nd, 30th and November 10th, 18th, 27th. Thanks to Daphne Scamell and her team for this mammoth effort!

**Saturday 29 November, 9am – 12.30pm. Christmas Fair at Salisbury Guildhall.** Stall holders from the surrounding area provide an opportunity to buy crafts, gifts and tempting morsels for Christmas. The full range of Hospice Christmas cards and novelties will be available. Tea and Coffee with cake will be served all morning.

**Sunday 30 November, 4.30pm. Salisbury High Street. "Light up a Life" Tree lighting ceremony.** This year Salisbury Hospice will again have its own Christmas tree sited in the High Street pedestrian area. Supporters are invited to dedicate a light to celebrate the life of someone special to them. The ceremony will take place at the tree, with the Bishopstone Singers and Amesbury Town Band leading the carol singing. Once the tree has been lit there will be an illuminated walk, with hand held lights, through the Old George Mall, down Butcher row to the Guildhall where a wine punch and mince pies will be served. Please join us for this very poignant and special event. [www.lightupalife.org](http://www.lightupalife.org)



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To get current information on forthcoming events and latest news please visit [www.salisburyhospicecare.co.uk](http://www.salisburyhospicecare.co.uk)